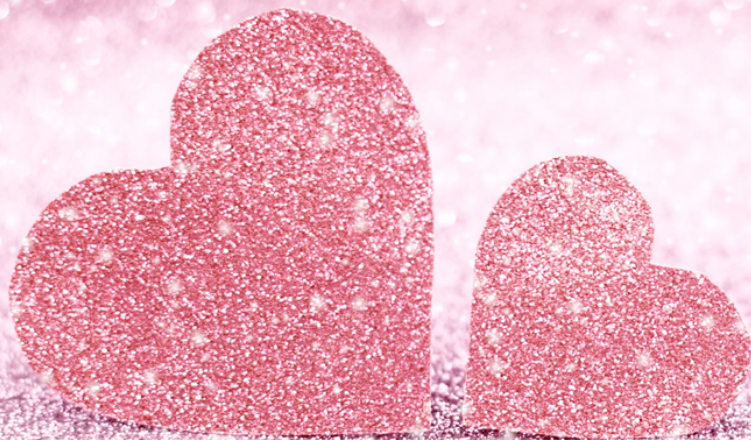


FEBRUARY
2024



CLAY COUNTY EXTENSION NEWS



EXTENSION EVENTS

How can I stay up-to-date?

Monthly Newsletter

Call or email to be added to the monthly email list.



Facebook Page

"Like" our Facebook page - [Clay County Cooperative Extension Service](#). Go to our page & check out events.



Webpage

Check out the county webpage at <https://clay.ca.uky.edu>



PO Box 421 / 69 Jameson Rd | Manchester, KY 40962 | P: 606-598-2789 | F: 606-598-2695 | <https://clay.ca.uky.edu>

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.

PINS & NEEDLES HOMEMAKER CLUB

Meets every 3rd Saturday at 10 AM

EXCEL BUILDING

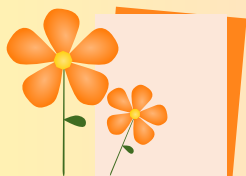
BESIDE MCDONALDS

This club always welcomes new members! Bring your materials and join them with your sewing projects.

Don't know how to sew, no problem...they will teach you!

Call 598-2789 for more information.

Card Making Club



We meet the 2nd
Tuesday of each month
at 1:00 p.m. at the Clay
County Extension Office



Would you like to learn how to make beautiful greeting cards? Join our Homemaker Card Making Club. We meet once a month & always welcome new members! Call 598-2789 for more information.



Venison Chili
Servings:10
Serving Size:1 cup

Ingredients:

- 1 pound ground venison
- 1 large onion, chopped
- ½ green pepper, chopped
- 2 tablespoons vegetable oil
- 1 (16 ounces) can diced tomatoes
- 2 (16 ounces) cans chili beans, undrained
- 1 (8 ounces) can tomato sauce
- 1 bay leaf
- ½ teaspoon salt
- ½ teaspoon cumin
- ½ teaspoon garlic powder
- 1 tablespoon chili powder
- Black pepper to taste



Nutrition facts per serving: 190 calories; 4.5g total fat; 1g saturated fat; 0g trans fat; 40mg cholesterol; 640mg sodium; 20g carbohydrate; 2g fiber; 4g sugars; 16g protein; 0% Daily Value of Vitamin D; 6% Daily Value of Calcium; 15% Daily Value of Iron; 10% Daily value of Potassium


Directions:

In a Dutch oven or large skillet, brown meat, onion, and green pepper in vegetable oil. Add remaining ingredients. Simmer 1 hour on low heat, stirring frequently. Remove bay leaf before serving.


Source: Adapted from Wild Game: From Field to Table, Sandra Bastin, PhD, RD, Extension Food and Nutrition Specialist. Revised July 2007

Tips

Alternative to stove-top cooking: use slow cooker set on high for 4 hours



ANNOUCEMENT!!!
We are starting a new
Homemaker Recipe
Club!!!! If you are not
already a member,
dues are \$12
annually.



If you love cooking and trying new recipes, join our new Recipe Club! This club will not meet in person, all you have to do is call to be added to our list! Once we have your contact information, you will receive 3 new recipes each month in the mail! We encourage you to try these at home with your family, take pictures and let us know what you think!



THE ART OF BREAD MAKING

Please join us & Lorie Adams, Knott County FCS Agent,
for a one-hour workshop on how to...



Make and bake some - "Classic Holiday Rolls"
in just 30 minutes.

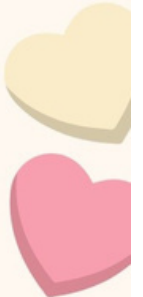
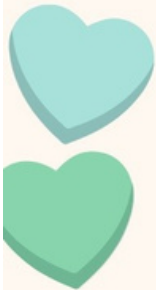


Friday, February 2nd

Clay Co. Extension Office
69 Jameson Rd | Manchester, KY
Start at 1:00 PM

CALL TO REGISTER:

Clay Co. Extension Office
(606) 598-2789



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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Council on Cooperatives.
Lexington, KY 40506



Disability accommodations with prior notification.



Agriculture/Natural Resources



Ashley Adkins

Ashley Adkins
Co. Extension Agent for
Agriculture/Natural Resources Ed.
Email: ashley.adkins@uky.edu



It's that time of the year! We are now taking apple rootstock & plant orders! You can find an order form in this newsletter!

Eastern Kentucky Farmer's Conference

The 7th Annual Eastern Kentucky Farmer Conference is coming to Morehead Conference Center on February 16-17, 2024. This event will host nearly 150 participants, featuring farmers and technical assistance providers presenting on topics including high tunnels, livestock, farm funding, and marketing. In addition, a veteran farmer meetup hosted by the Kentucky Center for Agriculture and Rural Development (KCARD) will be Friday, as well as a special entertainment event after dinner. Over 20 resource providers that address loan and grant funding, conservation, business planning, and production needs will be present to work with farmers and assist them as they grow their farm businesses.

Registration for the 2024 Eastern Kentucky Farmer Conference ends January 31st.

Registration includes dinner on Friday and breakfast and lunch on Saturday. Local farmers and producers will be priority when sourcing for meals. See page 8 for flyer.

Kentucky Lamb Month



February is Kentucky Lamb Month!

Let's spend the month celebrating delicious, healthy lamb, as well as the state's sheep industry.

There will be a Sheep/Goat Educational Workshop & Dinner on Feb. 22nd in McKee, KY. Please contact the Jackson County Extension Office for more information.

Strategies to Reduce Fertilizer Use on Eastern KY Cattle Farms

Strategies to Reduce Fertilizer Use on Eastern KY Cattle Farms will be on February 19, 2024 at 5:30 PM at the EXCEL building, 86 Muddy Gap Rd, Manchester, KY 40962. Topics include: Using Legumes to get the Nitrogen Cycle Working, Feeding Hay to Recycle Nutrients, Clipping Weeds to Enhance Fertility, Having an Appropriate Stocking Rate and Implementing Basic Rotational Grazing without Perfect Infrastructure.

The guest speaker will be Dr. Greg Halich, Associate Extension Professor with the Department of Agriculture Economics at the University of Kentucky. Please call 598-2789 to register. See page 7 for flyer.

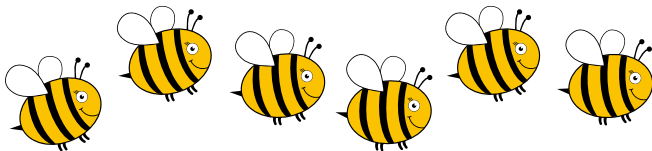
Kentucky Maple Days

KY Maple Days are coming up on Feb. 3rd & 17th. Join us as we celebrate maple syrup production in KY. Learn how it is made and where you can find it during the 2024 Kentucky Maple Days! Visit <https://ky-maplesyrup.ca.uky.edu/> to learn more.



National Farm Machinery Show

The National Farm Machinery Show will be held at the KY Expo Center in Louisville, KY on Feb 14-17th. This show offers the most complete selection of cutting-edge agricultural products, equipment, and services available in the farming industry. Business professionals from around the world gain knowledge and hands-on access to various technological advancements needed for the upcoming farming season during the four-day show.



Clay County Beekeepers Meeting

February 22nd at 6:00 pm
EXCEL Building

We will be having a potluck dinner so bring your favorite dish!

Join us & find out what all the buzz is about!

2024 KENTUCKY MAPLES DAYS

February 3rd	
	February 17th

An Equal Opportunity Organization.

IMPORTANCE OF POLLINATORS

PLANNING FOR POLLINATOR GARDENS

FEBRUARY 15TH

6:00 PM

CLAY COUNTY EXTENSION OFFICE

Potluck: Bring a dish!

Please call 598-2789 to register.

Clay County Cattlemen Association

Join us for our next Clay County Cattlemen's Association Meeting on March 12th at 6:00 p.m. at the EXCEL building. Please call 598-2789 to register to ensure we have an accurate head count for food.



Join us for the 6th Season of the Silvopasture Webinar Series! This series runs every Tuesday until March 5th.

Silvopasture: Managing Your Woodlands & Livestock in a New-Old Way

The purpose of the Woodland Stewards program is to empower woodland owners to promote environmental and forest health through increased awareness, experience and access to resources. This educational program was developed by a collaborative team of forestry Extension personnel to serve a multi-state audience.

Silvopasture Webinar Series

Visit <https://forestrywebinars.net/sponsor-pages/woodland-stewards> to join!

2/6

Establishing Pine Silvopasture

From pastures to plantations

2/13

Establishing Hardwood Silvopasture

From pastures to plantations

2/20

From Forage to Livestock

Managing animals in a Silvopasture systemly

2/27

Moving towards a Silvopasture System

Getting Started and Finding Help

3/5

Silvopasture Producers Share

A Panel Discussion

STRATEGIES TO REDUCE FERTILIZER USE ON EASTERN KY CATTLE FARMS

All programs start at 5:30 pm. Call your local Extension Office to register.

Guest Speaker: Dr. Greg Halich, Assoc. Extension Professor w/the Dept. of Ag Economics - UK



**FEBRUARY 19, 2024
CLAY COUNTY EXCEL**

86 Muddy Gap Rd, Manchester, KY 40962
Call 598-2789 to register.

OTHER LOCATIONS AND DATES:

Feb. 20, 2024 - Knott County Extension
Feb. 21, 2024 - Lee County Extension
Feb. 22, 2024 - Morehead State University Farm

TOPICS:

Using Legumes to get the Nitrogen Cycle Working
Feeding Hay to Recycle Nutrients
Clipping Weeds to Enhance Fertility
Having an Appropriate Stocking Rate
Implementing Basic Rotational Grazing without Perfect Infrastructure



2024 EASTERN KENTUCKY FARMER CONFERENCE

February 16-17

Morehead Conference Center



Join us for a two-day conference focused on a variety of farm topics, including high tunnels, small ruminants, beekeeping, farm funding, marketing, and more!



**REGISTRATION IS OPEN
UNTIL JANUARY 31**



REGISTRATION IS \$45



tinyurl.com/2024EKFC



2024 Plant Order Form



Name: _____
 Address: _____
 City, State, Zip Code: _____
 Telephone: _____
 Email: _____

Clay Co. Cooperative Extension Service
 PO Box 421 / 69 Jameson Rd
 Manchester, KY 40962
 Email: clay.ext@uky.edu
 (606) 598-2789 Fax: (606) 598-2695
 Web page: clay.ca.uky.edu

Quantity	Item	Unit Price	Total
_____ bundles	Strawberries (Allstar) (June bearing—larger berry)	\$6.50 (bundle of 25)	
_____ bundles	Strawberries (Earliglow) (June bearing—smaller, sweeter berry)	\$6.50 (bundle of 25)	
	Blackberries (Natchez)	\$4 each	
	Blueberries (Duke) (two varieties needed for pollination)	\$9 each	
	Blueberries (Chandler) (two varieties needed for pollination)	\$9 each	
	Raspberries (Prelude) - Bare root	\$4 each	
	Raspberries (Jewell)	\$4 each	
	Asparagus (Millennium)	\$1 each	
_____ bundles	Onion plants (Candy)	\$5 (bundle of 60)	
		Total Due	

Mail completed form & payment to: Clay County Extension Office, PO Box 421, Manchester, KY 40962. Plants should be at the Extension Office sometime the first week of April 2024. We will contact you when they arrive. **Money is due in advance when you order your plants. Orders will not be submitted if plants have not been pre-paid.** Make checks payable to: Clay County Extension Office. We are not responsible for plants not picked up in a timely manner.

Payment Information

Amounts Paid: _____
 Date: _____
 Received by: _____
 Check No: _____ or Cash _____

Notice: We have publications on these plants at the Extension Office if you would like to come by and pick one up. This way you can have your ground ready before your plants arrive.

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Disabilities accommodated with prior notification.



4-H Events



Alissa Ackerman

Alissa Ackerman
Co. Extension Agent for 4-H/Youth
Development Ed.
Email: alissa.ackerman@uky.edu

REMINDER!!! WHEN CLAY COUNTY SCHOOLS ARE CLOSED, 4-H ACTIVITIES ARE CANCELED AS WELL

GET INVOLVED IN 4-H !

4-H Council

There will be a 4-H Council Meeting on Feb 6th at 11:30 via Zoom. A link will be sent a few days before the meeting. Please let Alissa know if you will be able to join by February 2nd!

4-H NRESCI

Mark your calendars for our next event on February 27th in Boone County! Look for more information in the mail!

4-H Summit

If you are attending this year's event, please mark your calendars for March 21st-23rd! This event will take place at Lake Cumberland 4-H Camp Center. Transportation arrangements will be sent in the mail.

4-H Camp

Save the Date!

Mark your calendars for 4-H Summer Camp July 30th-August 2nd. Join us for a few days of activities, programs and much more. You must have completed 3rd grade, or you must be 9-14 years of age to attend camp as a camper. Ages 15-18 can serve as counselors in training or teen counselors at camp! This is a great opportunity to receive community service hours! Applications will be available March 25th! You can receive an application on our website or pick one up at the Clay County Extension Office. If you attended camp last year, you will receive an application in the mail!

4-H Cooking Club

Do you enjoy baking or want to learn more about cooking? The Cooking Club will meet on February 19th at 4:00 pm at the Clay County Extension Office. Join us as we learn kitchen tips and safety and create delicious dishes! Limited spots are available and you must call to register. FREE but you must be 9-18 years of age to participate.

4-H Art Club

Do you love being creative or looking to make new friends? Mark your calendars for our next Art Club meeting on February 20th at 4:00 pm at the Clay County Extension Office. You must call 598-2789 to register. This program is free and open to ages 9-18.

4-H Homeschool Club

Join us for our 4-H Homeschool Club on February 26th at 1:00 pm at the Clay County Extension Office. We will cover a variety of topics! You must be homeschooled to participate. Open to ages 9-18, and you must call 598-2789 to register.



4-H Painting Event

Participants enjoyed another great painting class this past December that was led by Kenna! We look forward to our next class this coming spring!



4-H Art Club

Members enjoyed treats and made three projects for the holiday season! Great job, everyone!



4-H Piggy Bank Contest



We would like to congratulate our Piggy Bank Design Contest participants, Gage Gibson and Addison Cornett, great job! We are excited to announce Addison Cornett's piggy bank will be entered for state competition and displayed at the KY State Capitol!



Leadership Clubs

CCMS students visited nursing home residents to pass out holiday 4-H projects! Thank you, Ms. Hollin & Ms. Bray for allowing this to happen!



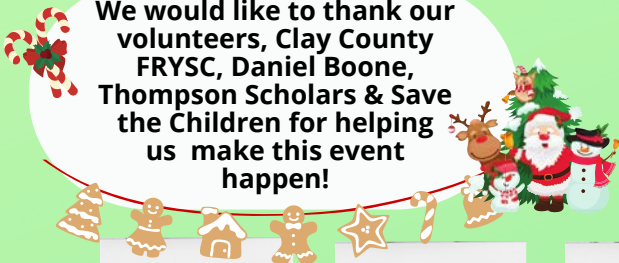
4-H Cooking Club

Cooking Club members made cookies for the holidays! Mark your calendar for our next meeting on February 19th.



Cookies with Santa & The Grinch

We would like to thank our volunteers, Clay County FRYSC, Daniel Boone, Thompson Scholars & Save the Children for helping us make this event happen!





 Cooperative Extension Service

For more details and to receive a packet of categories & rules, please call the Clay County Extension Office at 598-2789!

Age: 9-18



4-H COMMUNICATIONS DAY CONTEST

APRIL 30TH

9:00AM

RED BIRD CHRISTIAN SCHOOL REGISTRATION DUE BY APRIL 17TH

Junior Speeches: 3-5 minutes (Age 9-13)

Senior Speeches: 5-7 minutes (Age 14-18)

Junior & Senior Demonstrations: (5-15 minutes)

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Lexington, KY 40506



Disabilities accommodated with prior notification.





**JULY 30-
AUGUST 2, 2024**

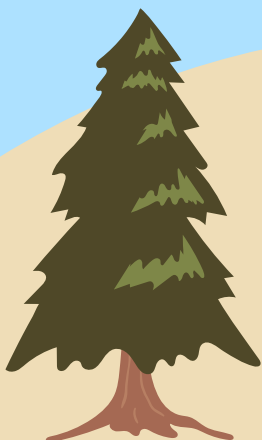


Save the Date!

4-H SUMMER CAMP


**APPLICATIONS AVAILABLE
MARCH 25TH**

**For more information, contact the Clay County
Extension Office at 598-2789**



 **Cooperative
Extension Service**



 Cooperative
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Clay County
PO Box 421 / 69 Jameson Rd
Manchester, KY 40962-0421

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